



Military Skiing

How to Military Ski

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Skills associated with downhill skiing are much more difficult to attain than those for cross-country movement. Alpine training time can be reduced drastically, however, by using the most modern equipment and training techniques.

As soon as troops have attained satisfactory skill levels at both Alpine and Nordic skiing, exercises are conducted as often as possible. These exercises test newly acquired military skiing skills under combat training conditions.

This circular outlines a ski training program of 26 hours divided into three (3) phases. Lesson content makes use of the most up-to-date instructional techniques available.

Phase II develops balance, confidence and motivation within the student soldier and promotes early mastering of Phase III skills.

Attempting to place Phase III ahead of Phase II for a more traditional military approach to training will lengthen the required training time and may actually inhibit learning Phase II skills.

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